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## fascinating facts

# Exploring technology

Technology can enhance academic success by assisting with reading, writing and time management. Talk with your case manager to determine what technology you will need in college.

## 1 Assistive technology

Assistive technology (AT) is any item, piece of equipment or device, bought or made, that helps a person with a disability to maintain, increase or improve functional capabilities.

## 2 Find the right technology match for you

It's important to find the right technology match for you. Start thinking and exploring AT now while you are in high school. Talk with your case manager to see if there are types of technology that might be available based on your academic and functional needs.

## 3 Technology in college

There are many different types of assistive technologies used in college that range in price and capabilities. Common AT utilized in college includes text-to-speech software, speech-to-text software, and note-taking devices and apps.

## 4 Exploring technology

If you're interested in exploring technology, first check to see what's already available on your computer, tablet or phone. Accessibility features on both Mac and PC computers can assist with vision, hearing, physical access, learning, reading and writing.

## 5 Features on your phone

Features on your phone can help you in high school and college. Use the calendar feature to record your class schedule, appointments and assignment due dates. The reminder app can make quick lists of materials you need for a class or assignments that are due. Consider using alarms to help structure your free time and study time.

