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## fascinating facts

# Transportation and Independent Living

Living independently in the community requires transportation skills. Prepare now by determining your needs, identifying your resources, and practicing your skills.

## 1 Build your transportation skills

Transportation skills include knowing how to plan for a trip, get where you need to go, and navigate safely around your community. Developing transportation skills can help you go to more places.

## 2 Stay safe

Pay attention to traffic lights, safety signs, or speed bumps when you travel with your friends or family. The purpose of these things is to keep you safe, so it is important to know what they mean and how to obey them.

## 3 Identify your needs

Consider how you will get to work, to college, or to places in the community. Thinking about your transportation needs now will give you time to put a plan together.

## 4 Learn about options

A variety of transportation options and services such as a bus system, taxi service, subway, and rideshares are available within your community. Ask a friend or family member who is familiar with these services to explain how to use them.

## 5 Try travel training

Travel training can help you learn to use public transportation safely and independently. Talk to your teacher or counselor about how to get travel training.

## 6 Use community asset mapping

Community asset mapping is the process of identifying resources that are in your local community. Use this process to identify and research transportation options that will meet your needs.

## 7 Practice, practice, practice

Practice your transportation skills using the resources you have identified. Start by navigating around your school and neighborhood. Then, try traveling to unfamiliar places using new forms of transportation.

## 8 Prepare before you travel

Being prepared when traveling in the community is key to safe and successful trips. Pay attention to your surroundings, and have a plan in case you get lost, have an emergency, or get into an accident.

## 9 Learn more!

You can learn more about transportation in our free, self-paced course, [Get Ready for Independent Living](#).